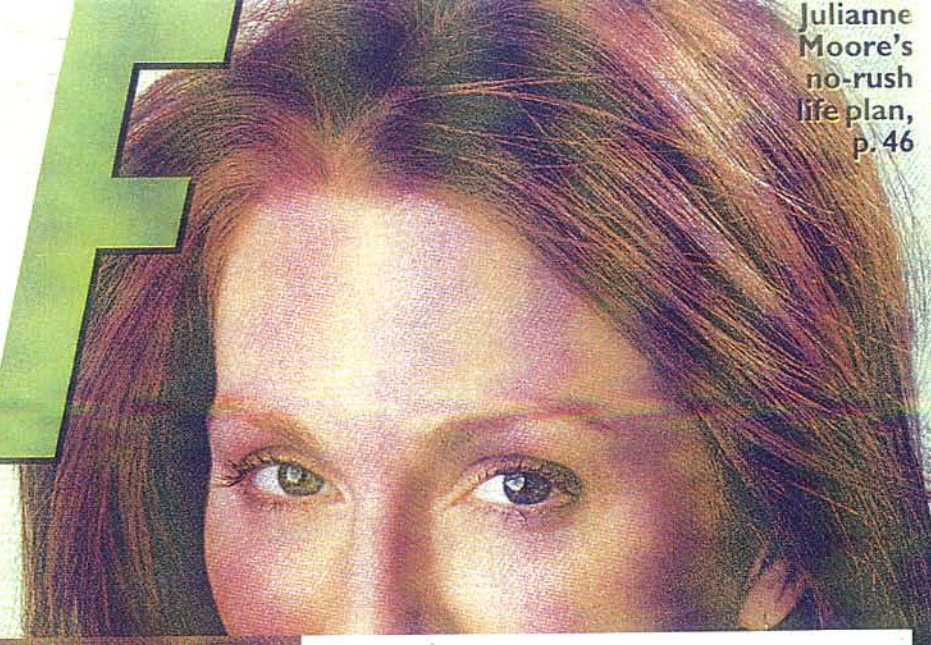


SELF

YOU AT YOUR BEST

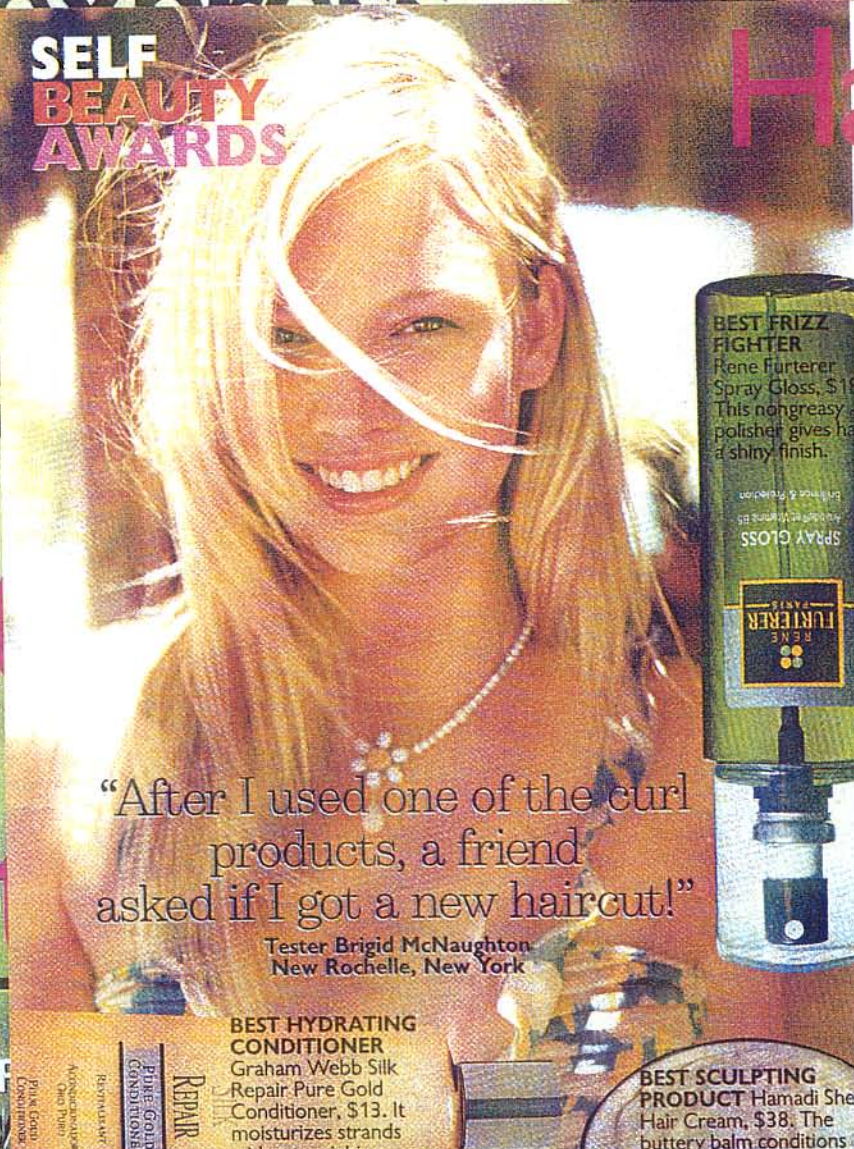
Summer's coming!

The Express



SELF BEAUTY AWARDS

Hair heroes



"After I used one of the curl products, a friend asked if I got a new haircut!"

Tester Brigid McNaughton
New Rochelle, New York



BEST FRIZZ FIGHTER
Rene Furterer Spray Gloss, \$18. This nongreasy polisher gives hair a shiny finish.



BEST STRAIGHTENER
Pantene Pro-V Get It Straight Smoothing Mousse, \$4. "I have excellent control without that producty feeling," one fan commented.

BEST HAIRCOLOR
Garnier Nutrisse Nourishing Color Treatment, \$7. "Vibrant results. And the gel formula makes it less messy," a tester said.



BEST DEEP CONDITIONER
Infusion 23 Power Pac Conditioner, \$5. It gave a silky sheen to testers' damaged hair.



BEST SCULPTING PRODUCT Hamadi Shea Hair Cream, \$38. The buttery balm conditions

BEST CURLING PRODUCT Matrix Curl Defining Cream

BEST HYDRATING CONDITIONER
Graham Webb Silk Repair Pure Gold Conditioner, \$13. It moisturizes strands without weighing

MAY 2004 \$3.50
CANADA/FOREIGN \$4.50



MAKE A WEEKEND FEEL LIKE A WEEK OFF

Cancer-proof your future

21 tips to overcome your family history