

Good Housekeeping

The Week

- Delicious spa recipes
- Guilt-free desserts
- Best eat-out picks

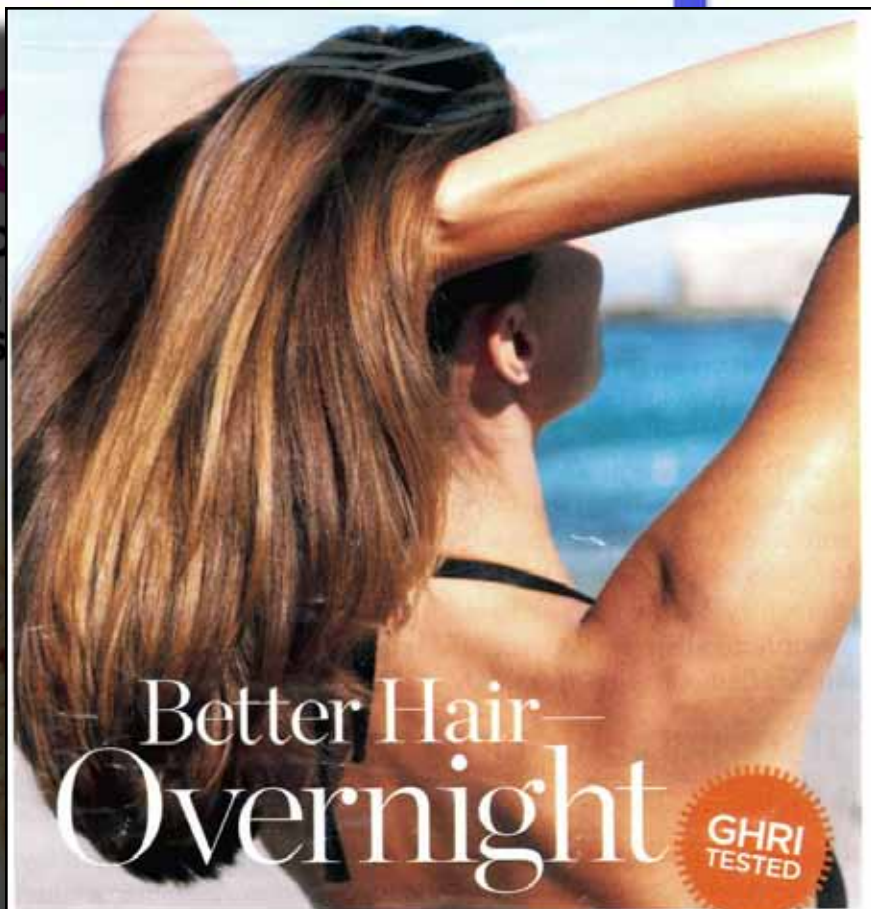
Keep More of
YOUR CASH
4 money-savvy tips

Skin Docs' ANTI-AGING SECRETS

Fix age spots, redness, enlarged pores

INSTANT BRAIN BOOSTER
TAKE OUR MEMORY QUIZ

YOU CAN ENTER



Better Hair—Overnight

GHRI TESTED



It sounds like something out of a fairy tale, but new revitalizing overnight hair treatments promise you'll wake up with more beautiful hair—and no goo on your pillow. The Good Housekeeping Research Institute tested six of them to see if they delivered: Treatments were applied to swatches of damaged hair, which were weighed before and after four washings and comb-outs (to determine how much hair was lost during combing). Volunteers also tried the products at home; afterward, their hair was evaluated for strength, damage, and sheen by New York City trichologist David H. Kingsley, Ph.D. The winner: Kronos Phyx Overnight Repair Masque (\$105, kronoshair.com; center); testers loved it for its moisturizing, smoothing, and softening benefits. Close runners-up: Ted Gibson Goodnite Replenish Hair Repair Serum (\$200, beauty.com; right), which rated highest with volunteers for minimizing breakage, followed by KMS California Moistrepair Overnight Mask (\$30, kmscalifornia.com for salons; left). All deliver multiple treatments—25 to 30 for the Kronos and Ted Gibson, and a handful for KMS.

Back-to-School Savings

WE TEST Sneakers • Jeans • (Free!) Homework Help

